

Shampoo Cap



Competency skill checklist

Name:
Date:

Steps	Completed	Comments
1. Properly opens package by tearing open.		
2. Uses Shampoo Cap at room temperature or properly warms: <ul style="list-style-type: none"> a. Entire package in the microwave for no longer than 30 seconds b. Store in Comfort Personal Cleanser warmer 		
3. Discards shampoo cap if it is dry.		
4. Once at the desired temperature, places cap on patient's head to cover hair.		
5. Gently massages cap to saturate hair (approximately 1-2 minutes for short/fine hair; 2-3 minutes for long/thick hair). <ul style="list-style-type: none"> a. May leave cap on the head longer for tangled hair 		
6. Removes cap after allotted time.		
7. Towel dries the hair, if desired.		
8. Combs or styles as desired.		

Employee signature

Observer signature