

Prevalon® Turn and Position System (TAP) XL/XXL

Competency skill checklist



Name:
Date:

Discontinue use:

- During patient ambulation
- At patient discharge

Prior to use	Completed	Comments
1. Selects appropriate size product to fit patient criteria.		
2. Refers to manufacturer’s instructions for indications, contraindications, and warnings.		
3. Follows hospital safe patient handling protocol for number of staff required to move patient.		
Placement on empty bed	Completed	Comments
4. Removes product from package and ensures bed brakes are locked and bed is at waist height.		
5. Places mattress cover directly over hospital mattress.		
6. Properly secures the mattress cover to the mattress by securing all 4 corner straps and adjusting as necessary until cover is taut. <ul style="list-style-type: none"> • Attaches side straps to restraint target or other part of bed frame that moves with bed articulation. 		
7. Attaches anti-shear strap from glide sheet to mattress cover.		
Placement under patient (two staff members)	Completed	Comments
8. Once patient is placed on bed and side rails are raised, places glide sheet under patient following hospital protocol. <ul style="list-style-type: none"> • Aligning the glide sheet/M2 Microclimate Body Pad (MCBP) alongside the patient with top aligned to patient’s shoulders. 		

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<ul style="list-style-type: none"> Smoothing any wrinkles and ensuring patient is centered 		
9. Uses black straps on side of glide sheet to boost patient as necessary in bed.		
10. Once patient is positioned appropriately, lowers bed and ensures siderails are up per hospital policy.		
Placement of wedges/turning patient (two staff members)	Completed	Comments
11. Properly inserts first wedge by placing blue side up/gray side down between the mattress cover and the glide sheet behind the patient's back. <ul style="list-style-type: none"> Fabric flap is folded down over white hook and loop fastener. 		
12. Properly inserts the second wedge between the mattress cover and glide sheet positioned under the patient's thighs and buttocks. <ul style="list-style-type: none"> Ensures 4-6 inches is between the two wedges 		
13. Conducts a microturn by grasping black handles on the side of the glide sheet and gently pulls patient toward the side of the bed until patient is positioned 20-30°.		
14. Confirms sacral offloading by conducting a hand check to ensure no pressure is applied to the sacral area.		
15. Adjusts head of bed as desired.		
Removal of wedges	Completed	Comments
16. Removes wedges by grasping corner and gently rotating wedge from under the patient.		
17. Follows steps 12-16 to reposition patient on opposite side.		
18. Follows hospital policy for frequency of repositioning.		
Maintenance	Completed	Comments
19. Replaces Microclimate Body Pad when soiled.		

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20. Wipes with damp cloth to clean glide sheet when it becomes soiled.		
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Employee signature

Observer signature