

# Prevalon<sup>®</sup> Turn and Position System (TAP) 1.0

## Competency skill checklist



<b>Name:</b>
<b>Date:</b>

**Discontinue use:**

- During patient ambulation
- At patient discharge

<b>Prior to use</b>	<b>Completed</b>	<b>Comments</b>
1. Selects appropriate size product to fit patient criteria.		
2. Refers to manufacturer’s instructions for indications, contraindications, and warnings.		
3. Follows hospital safe patient handling protocol for number of staff required to move patient.		
<b>Placement on empty bed</b>	<b>Completed</b>	<b>Comments</b>
4. Removes product from package and ensures bed brakes are locked and bed is at waist height.		
5. Attaches fastener strip to moveable frame of the bed frame, just below the mattress at the head of the bed.		
<b>Placement under patient</b>	<b>Completed</b>	<b>Comments</b>
6. Once patient is placed on bed and side rails are raised, places glide sheet under patient following hospital protocol <ul style="list-style-type: none"> <li>• Aligning glide sheet with MCBP body pad with top aligned to patient’s shoulder, smoothing any wrinkles to ensure patient is centered</li> </ul>		
7. Uses black straps on side of glide sheet to boost patient as necessary in bed.		
8. Once patient is positioned appropriately, lowers bed and ensures siderails are up per hospital policy.		
<b>Placement of wedges/turning patient</b>	<b>Completed</b>	<b>Comments</b>
9. Properly inserts 1 <sup>st</sup> body wedge by placing blue side up/gray side down under the bedsheet behind the patient’s back.		

# Prevalon® Turn and Position System (TAP) 1.0

## Competency skill checklist

10. Properly inserts the 2 <sup>nd</sup> wedge between the mattress cover and glide sheet positioned under the patient's thighs and buttocks.  • Ensures 4-6 inches is between the two wedges		
11. Conducts a microturn by grasping black handles on the side of the glide sheet and gently pulling patient toward the side of the bed until patient is positioned 20-30°.		
12. Confirms sacral offloading by conducting a hand check to ensure no pressure is applied to the sacral area.		
13. Adjusts head of bed as desired and raises all siderails.		
14. Attaches black anti-shear strap from glide sheet to the fastener strip on the bed frame.		
<b>Removal of wedges</b>	<b>Completed</b>	<b>Comments</b>
15. Removes wedges by grasping corner and gently rotating wedge from under the patient.		
16. Follows steps 9-13 to reposition patient on opposite side.		
17. Follows hospital policy for frequency of repositioning.		
18. Replaces microclimate body pad when soiled.		
19. Wipes with damp cloth to clean glide sheet when it becomes soiled.		

\_\_\_\_\_  
Employee signature

\_\_\_\_\_  
Observer signature