Pressure injuries, also known as bedsores, can develop when you’re in bed with limited mobility. This potentially dangerous skin injury can occur on your heels because of pressure, friction from rubbing on sheets, and shearing.

- Heels and ankles are two of the most common sites for pressure injuries\(^2\)
- Pressure injuries can develop quickly – in as little as a few hours\(^3\)

**Pressure injuries affect more than 2.5M patients per year**\(^4\)

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**The blue boot helps reduce your risk**

**Sage Heel Protector III** is designed to comfortably cradle your foot and ankle, keeping your heel elevated from the bed and relieving pressure.

- Gently “floats” your heel to minimize pressure
- Ultra-soft, dermasuede interior grips your foot and ankle to ensure the boot stays on properly
- Anti-rotation, wedge helps keep your foot upright to help prevent foot and leg rotation that can lead to nerve damage
- Breathable fabric helps wick away moisture

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**Why do I need to wear these boots?**

Your heels are at risk for painful pressure injury.

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References:

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Continue your care with Sage Heel Protector III at home. Find this and other nurse trusted products at shopsageproducts.com. Enter code H2H at checkout to save 10%.

Discount applies to products only. Excludes tax, shipping and handling. Normal rates apply.
Goes on in seconds for a secure and comfortable fit

1. Pull boot up around foot.
2. Adjust Wedge.
   - If equipped with wedge, move to outside of leg
   - Wedge must be tight against heel protector
3. Wrap stretch panels around boot.
   - Intermittent compression device compatible (for DVT compression). Make sure tubing is not kinked or compressed against patient’s skin.
   - Make sure patient’s heel is floated
   - Do not overtighten straps