

Prevalon® Heel Protector III



Competency skill checklist

Name:
Date:

Steps	Completed	Comments
1. Removes heel protector from package and leaves it inside-out.		
2. If sequential compression devices are to be used, places calf sleeves prior to heel protector placement.		
3. Positions the patient's heel over the opening of the boot, with the long portion of the boot under the patient's calf.		
4. Pulls the heel protector up around foot.		
5. Pulls the front of the heel protector up around the toes.		
6. For purposes of preventing internal and external rotation, positions the integrated wedge on the lateral side of the leg.		
7. Applies pressure to affix the wedge to the side of the heel protector.		
8. If sequential compression device is used, runs tubing through the nearest available port of the heel protector, ensuring the tubing is not kinked or contacting the skin.		
9. Does not use the heel opening as a port.		
10. Wraps the straps around the heel protector, ensuring that straps are not too tight.		
11. Wraps highlighted orange strap around the foot and adjusts strap on both sides to help prevent foot drop or plantar flexion contracture.		
12. Ensures that the heel is floating off the surface.		
13. Removes heel protector to perform skin assessments per hospital protocol.		

Employee signature

Observer signature