

## Why do I need to wear these **boots**?

### Your heels are at risk for painful pressure injury



Pressure injuries, also known as bedsores, can develop when you're in bed with limited mobility. This potentially dangerous skin injury can occur on your heels because of pressure, friction from rubbing on sheets, and shearing.

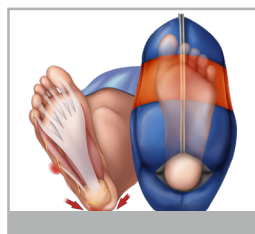
- Heels and ankles are two of the most common sites for pressure injuries<sup>2</sup>
- Pressure injuries can develop quickly – in as little as a few hours<sup>3</sup>

**Pressure injuries affect more than**

**2.5M patients per year<sup>4</sup>**

### The blue boot helps reduce your risk

**Sage Heel Protector II** is designed to comfortably cradle your foot and ankle, keeping your heel elevated from the bed and relieving pressure.



- Gently "floats" your heel to minimize pressure
- Ultra-soft, dermasuede interior grips your foot and ankle to ensure the boot stays on properly
- Available anti-rotation wedge helps keep your foot upright to help prevent foot and leg rotation that can lead to nerve damage
- Breathable fabric helps wick away moisture

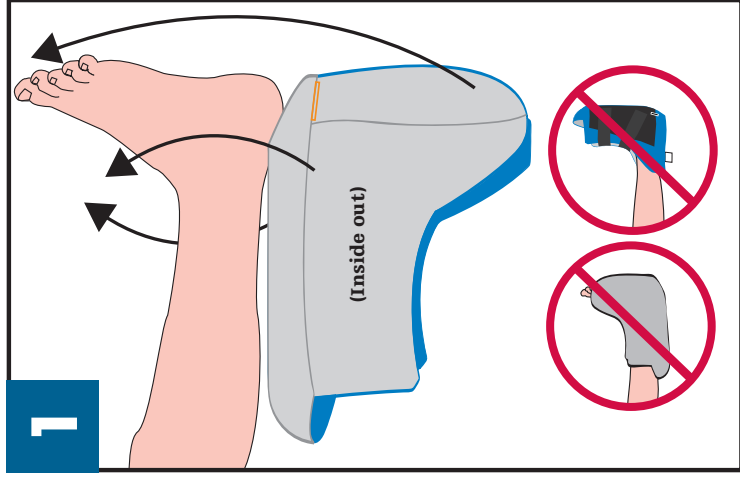
**References:** 1. GHX Market Intelligence Trend Report (Dollars) 1st Quarter 2018 data, Hospital Market; Annual market represents last 4 quarters of data. 2. Amlung, S.R., Miller, W.L., Bosley, L.M. (2001, November/December). The 1999 National Pressure Ulcer Prevalence Survey: a benchmarking approach. *Adv Skin Wound Care*, 14(6), 297-301. 3. National Pressure Ulcer Advisory Panel and European Pressure Ulcer Advisory Panel. Prevention and treatment of pressure ulcers: clinical practice guideline. Washington DC: National Pressure Ulcer Advisory Panel; 2009. 4. Berlowitz, D., VanDeusen Lukas, C., Parker, V., et al. (content last reviewed October 2014). Preventing Pressure Ulcers in Hospitals: A Toolkit for Improving Quality of Care. Agency for Healthcare Research and Quality, Rockville, MD. Retrieved from <http://www.ahrq.gov/professionals/systems/hospital/pressureulcertoolkit/index.html>



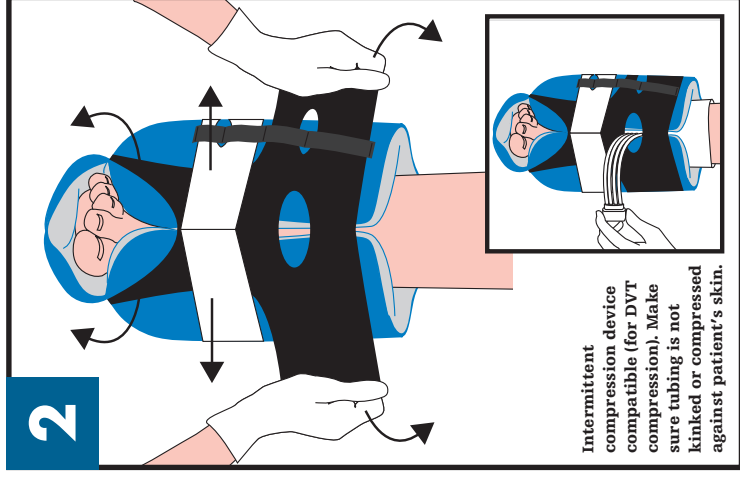
**Continue your care with Sage Heel Protector II at home. Find this and other nurse trusted products at [shopsageproducts.com](http://shopsageproducts.com). Enter code H2H at checkout to save 10%.**

Discount applies to products only. Excludes tax, shipping and handling. Normal rates apply.

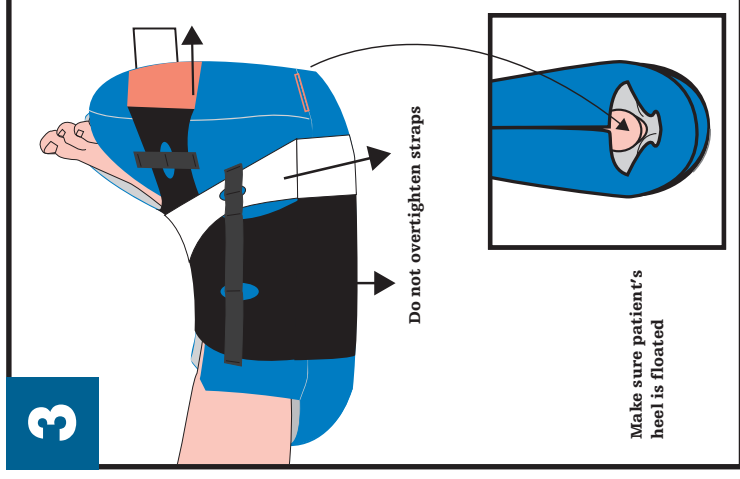
# Goes on in seconds for a **secure and comfortable fit**



**Pull boot up around foot.**



**Wrap stretch panels around boot.**



**Adjust straps. Do not overtighten.**