

# Prevalon® Heel Protector II



## Competency skill checklist

<b>Name:</b>
<b>Date:</b>

Steps	Completed	Comments
1. Removes heel protector from package and leaves it inside-out.		
2. If sequential compression devices are to be used, places calf sleeves prior to heel protector placement.		
3. Positions the patient's heel over the heel opening of the boot, with the long portion of the boot under the patient's calf.		
4. Turns the heel protector inside-in by folding it around the patient's foot/leg.		
5. Pulls the front of the heel protector up around the toes.		
6. If sequential compression device is being used, runs tubing through the nearest available port of the heel protector, ensuring that tubing is not kinked or contacting the skin.		
7. Does <b>not</b> use heel opening as a port.		
8. Wraps the straps around the heel protector, ensuring that straps are not too tight.		
9. Wraps highlighted orange strap around the foot and adjusts strap on both sides to help prevent foot drop or plantar flexion contracture.		
10. Ensures that the heel is floating off the surface.		
11. Removes heel protector for skin assessments per hospital protocol.		

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Employee signature

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Observer signature