

# stryker

## Why do I need to wear these **boots**?

### Your heels are at risk for painful pressure injury



Pressure injuries, also known as bedsores, can develop when you're in bed with limited mobility. This potentially dangerous skin injury can occur on your heels because of pressure, friction from rubbing on sheets, and shearing.

- Heels and ankles are two of the most common sites for pressure injuries<sup>2</sup>
- Pressure injuries can develop quickly – in as little as a few hours<sup>3</sup>

Pressure injuries affect more than

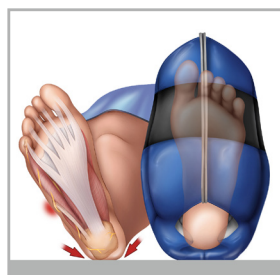
**2.5M** patients per year<sup>4</sup>

### The blue boot helps reduce your risk.

#### Sage's Heel Protector I

is designed to comfortably cradle your foot and ankle, keeping your heel elevated from the bed and relieving pressure.

- Gently "floats" your heel to minimize pressure
- Interior maintains grip on your foot and ankle, ensuring the boot stays properly in place
- Breathable fabric helps wick away moisture



**References:** 1. GHX Market Intelligence Trend Report (Dollars) 1st Quarter 2018 data, Hospital Market; Annual market represents last 4 quarters of data. 2. Amlung, S.R., Miller, W.L., Bosley, L.M. (2001, November/December). The 1999 National Pressure Ulcer Prevalence Survey: a benchmarking approach. *Adv Skin Wound Care*, 14(6), 297-301. 3. National Pressure Ulcer Advisory Panel and European Pressure Ulcer Advisory Panel. Prevention and treatment of pressure ulcers: clinical practice guideline. Washington DC: National Pressure Ulcer Advisory Panel; 2009. 4. Berlowitz, D., VanDeusen Lukas, C., Parker, V., et al. (content last reviewed October 2014). Preventing Pressure Ulcers in Hospitals: A Toolkit for Improving Quality of Care. Agency for Healthcare Research and Quality, Rockville, MD. Retrieved from <http://www.ahrq.gov/professionals/systems/hospital/pressureulcertools/index.html>

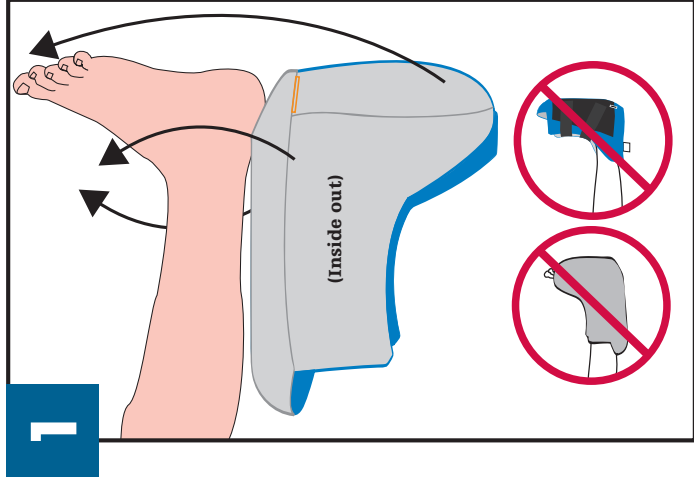


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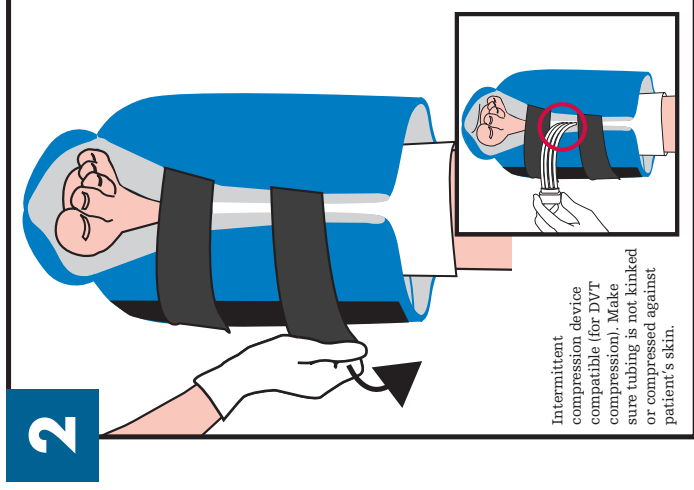
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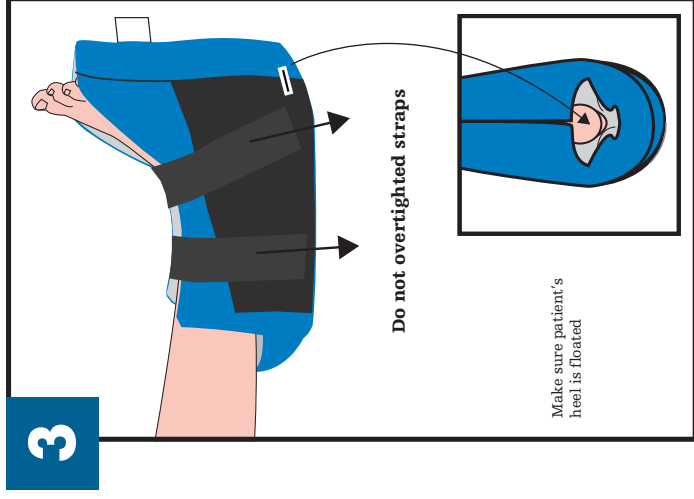
# Goes on in seconds for a **secure and comfortable fit**



**Pull boot up around foot.**



**Wrap stretch panels around boot.**



**Adjust straps. Do not overtighten.**