

Mobile Air Transfer System (MATs)



Competency skill checklist

Name:
Date:

Prior to use	Completed	Comments
1. Performs a visual inspection of the system.		
2. Ensures all parts are present.		
Set up the MAT	Completed	Comments
3. Ensures all side rails are up and brakes are locked.		
4. Ensures the patient's support surface is horizontal and waist level.		
5. Demonstrates placing the folded Mat on the bed with the printed arrow pointing toward the head of bed.		
6. Demonstrates unfolding the Mat.		
7. Demonstrates aligning the patient centered on the Mat with the head and foot and center markings.		
Lateral Transfer	Completed	Comments
8. Verbalizes the importance of having three caregivers to perform a lateral transfer, with side rails up on outer sending and receiving surfaces.		
9. Performs locking the brakes on both beds.		
10. Locates the quick connect valve on the bottom corner of the Mat.		
11. Demonstrates connecting the quick connect nozzle and checks for securement.		
12. Understands receiver will turn on power switch to inflate the Mat.		
13. Demonstrates inflating the Mat fully prior to movement.		
14. Communicates transfer readiness with the team.		
15. Demonstrates sender gently pushing the Mat while the receiver uses handles to guide the patient to the center of the secondary surface.		

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16. Demonstrates turning off the blower to deflate the Mat.		
17. Demonstrates disconnection of the quick connect nozzle.		
18. Demonstrates returning side rails up on the receiving bed.		

Employee signature

Observer signature