

M-Care® Meatal Cleansing Cloths



Competency skill checklist

Name:
Date:

Steps	Completed	Comments
1. Uses at room temperature or properly warms: <ul style="list-style-type: none"> a. In provided warmer b. In warm water Do not microwave		
2. Performs hand hygiene per facility protocol.		
3. Dons gloves.		
4. Tears open package.		
5. Ensures that cloths are moistened. <ul style="list-style-type: none"> a. Discard if cloths are dry 		
6. Removes one cloth at a time to cleanse skin at the meatal-catheter junction of the catheterized patient.		
7. Removes second cloth and cleanses the periurethral/meatal area starting at the meatus.		
8. Cleanses using a circular path and wiping away from the meatal-catheter junction.		
9. Discards used cloths in a waste receptacle: DO NOT FLUSH CLOTHS IN THE TOILET		
10. Performs meatal hygiene at the end of the daily bath, after incontinence episodes, and at least once per shift per hospital policy.		

Employee signature

Observer signature