Pressure injuries affect more than 2.5M patients per year. A 10-year prevalence survey in the Journal of Wound, Ostomy & Continence Nursing, published in 2017, stated: prevalence of pressure injuries 9.3%. Cost to treat pressure injuries $20,900 – $151,700 depending on the stage of injury.

Professional guideline:

AORN guidelines
Positioning the patient when in the supine position: “the patient’s heels should be elevated off the underlying surface,” and “the patient’s knees should be flexed approximately 5 to 10 degrees.”

The heel is the second most common site for pressure injury.
Protect your patient’s heels in the ICU and OR

Address pressure injury risk factors:➄

Protect your patient’s heels in the ICU and OR

The Prevalon Heel Protector was specifically designed to help reduce the risk of heel pressure injury while keeping the foot and leg in a neutral position.

Sage Heel Protector OR

Patients in surgeries lasting longer than three hours are at an increased risk for pressure injury. 9 The Sage Heel Protector OR completely elevates the heels from the OR surface while securing the legs during procedures in the supine position.

References

The optimal heel protector:
• Elevates the heel ➆
• Prevents foot-drop and rotation of the leg ➆
• Maintains “grip” on the foot while in place, as patients may be moving the leg ➆
• Decreases friction and/or shear ➆
• Keeps the heel visible when device is in place ➆
• Does not place pressure on the Achilles tendon ➇
• Breathes and wicks away moisture ➇
• Is able to accommodate sequential compression devices ➇
• Has straps that do not damage skin ➇
• Has an anti-rotation wedge to assist in maintaining neutral position of lower extremity ➇

Proven results
A study published in the Journal of Wound Ostomy Continence Nursing assessed the effect of a heel protector intervention. ➈

• 28% decrease in the incidence of facility-acquired heel pressure injuries over one year
• 72% decrease in heel pressure injuries over four years

The Prevalon Heel Protector

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