

Why do I need to wear these boots?



Your heels are at risk for painful pressure ulcers

Pressure ulcers, also known as bedsores, can develop when you are in bed with limited mobility. This potentially dangerous injury occurs to the skin, usually to the heel, as a result of pressure, friction from rubbing on sheets, and shearing.



- Heels and ankles are two of the most common sites for pressure ulcer development²
- Pressure ulcers can develop quickly—ranging from several hours to a few days³

REFERENCES: 1. GHX Market Intelligence Trend Report (Dollars) 4th Quarter 2012 data, Hospital Market; Annual market represents last 4 quarters of data. 2. Amlung SR, Miller WL, Bosley LM, Adv Skin Wound Care. Nov/Dec 2001;14(6):297-301. 3. National Pressure Ulcer Advisory Panel and European Pressure Ulcer Advisory Panel. Prevention and treatment of pressure ulcers: clinical practice guideline. Washington DC: National Pressure Ulcer Advisory Panel; 2009. 4. Meyers T, et al. Successful prevention of heel pressure ulcers and foot drop in the high risk ventilation patient population. Poster presented at Institute for Healthcare Improvement (IHI), Orlando, FL, Dec. 2007.

The blue boot helps reduce your risk

The design of the **Prevalon® Pressure-Relieving Heel Protector** comfortably cradles your foot and ankle, elevating the heel and relieving pressure. In one study, Prevalon helped a hospital completely eliminate all heel pressure ulcers.⁴

- Gently “floats” your heel to minimize pressure
- Ultra-soft, dermasuede interior grips your foot and ankle to ensure the boot stays on properly
- Keeps your foot upright to help prevent foot and leg rotation that can lead to nerve damage
- Breathable fabric and material keeps your foot cool



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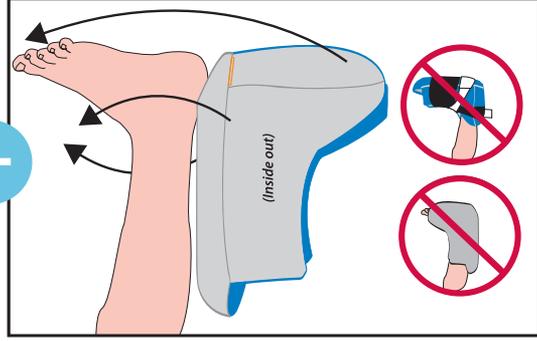
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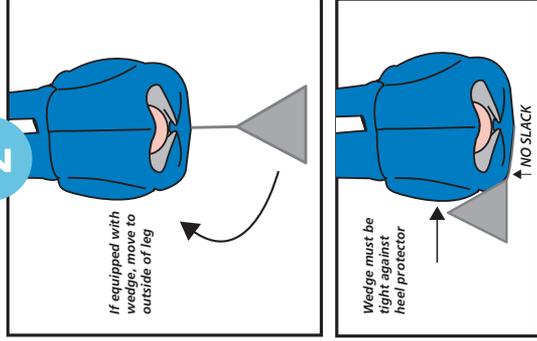


Goes on in seconds for a secure and comfortable fit

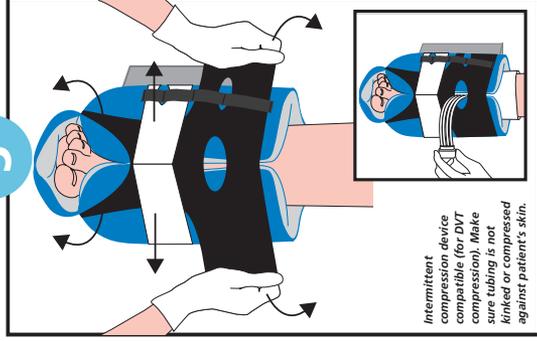
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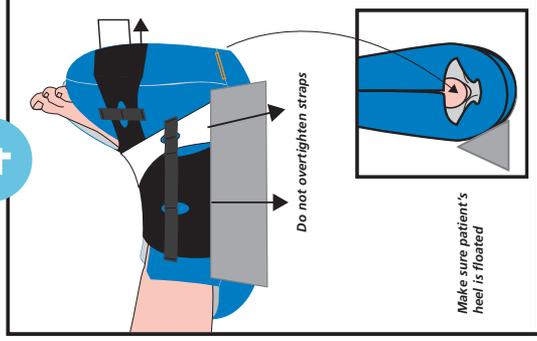
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3



4



Pull boot up around foot.

Adjust Wedge.

Wrap stretch panels around boot.

Adjust straps.
Do not overtighten.